

**West Shore YMCA
Pool B Schedule
APRIL 2026**

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday*	Sunday*		
8:00am						CLOSED			
9:00am	Water Fitness Classes: Aqua Fit & Hydro Blast (6)	Water Fitness Classes: Sr. Aqua & Water Walking (6)	Water Fitness Classes: Aqua Fit & Hydro Blast (6)	Water Fitness Classes: Sr. Aqua & Water Walking (6)	Water Fitness Classes: Aqua Fit & Hydro Blast (6)	*Weekend Schedule subject to change based on programs and staffing. Please see weekend bulleting for updates!			
10:00am	LAP (1) Water Ex (3) SL (2)	LAP (4) Water Ex (2)	LAP (1) Water Ex (3) SL (2)	SL (2) LAP (2) Water Ex (2)	LAP (1) Water Ex (3) SL (2)			8:30-12n: SL (4) Adult Lap (2)	10am - 12n: ADULT LAP/Water Ex
11:00am	Aqua S&T (3) LAP (1) SL (2)		Aqua S&T (3) LAP (1) SL (2)	LAP (4) Water Ex (2)	Aqua S&T (3) LAP (1) SL (2)				
12:00n	CLOSED	12-1:30pm: HomeSchool Swim Team (6)	CLOSED	12-1:30pm: HomeSchool Swim Team (6)	CLOSED	12n - 4pm: LAP (3) Open Rec (3)	12n - 4pm: LAP (3) Open Rec (3)		
1:00pm	Aqua S&T (3) LAP (1) SL (2)		Aqua S&T (3) LAP (3)		AquaZumba(3) LAP (3)				
2:00pm		CLOSED		CLOSED					
3:00pm	3-5pm: Lap Swim (4) Open Rec (2)	3-5pm: Lap Swim (4) Open Rec (2)	2-5pm: Lap Swim (4) Open Rec (2)	3-5pm: Lap Swim (4) Open Rec (2)		4pm - 5pm: ADULT LAP/Water Ex	4pm - 5pm: ADULT LAP/Water Ex		
4:00pm									
5:00pm		Adult Lap Swim (2) SL (4)		Adult Lap Swim (2) SL (4)	2-8pm: Lap Swim (3) Open Rec (3)	Water Park Hours: Mon - Wed - Fri: 10am - 12n 5 - 7pm Tues/Thurs: 5 - 7pm Sat/Sun: 12n - 4pm			
6:00pm	Adult Lap Swim (2) Swim Lessons (4)	Adult Lap Swim (2) Swim Lessons (4)	6-8pm Adult Lap Swim (2) SL/T&H (4)						
7:00pm		6-8pm Adult Lap Swim (2) SL/T&H (4)	6-8pm Adult Lap Swim (2) SL/T&H (4)						
7:30pm	ADULT Lap (4) Water Ex (2)		ADULT Lap (2) Water Ex (2) Swim Lessons (2)						
8:00pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED				

****Parents are responsible for their children at all times and must be directly supervising them.***

****Children are not to be left unattended in the pool or pool area.***

****Children under 9 must have a parent on the pool deck.***

****Children under 7 must have a parent in the water, within arm's reach.***

****Lifeguards on duty may request direct parental supervision in the water regardless of age for safety reasons***

Water Park Age Rules:

****ALL Children under 4 must have a parent in the water actively supervising them***

****ALL Children 4-8 must have a parent actively supervising them poolside***