

# **Harrisburg Area YMCA West Shore Branch**

## **Child Watch Program**

- Child Watch provides care for up to two hours per visit.
- The responsible party must remain on the YMCA premises at all times.
- Admittance is on first-come basis and is subject to the size of the room, staff available and the age of the children currently in the room.

### **Fees**

Child Watch is a free service to members.

Program Members, Guests & Non-Member fees:

\$2.00 for the first child per hour

\$2.00 per hour for each additional child.

Payment must be made at the front desk. A receipt will be issued and must be presented at the time of sign-in.

### **Footwear**

- It is recommended that infants are required to wear socks and/or shoes at all times.
- We recommend that children wear closed-toe shoes for safety.

### **Personal Belongings**

- Bottles and blankets must be supplied by the parents/guardians.
- Each child's personal items must be labeled with the child's name.
- We discourage children from bringing their own toys. Certain items, at the discretion of the staff, may be restricted.

### **Sign-In/Sign-Out**

- All participants must be signed-in and signed-out of Child Watch.
- Only parents, grandparents or legal guardians may sign-in/sign-out their child and must present their membership card.
- A number will be issued to each parent/guardian – this must be returned to sign-out the child(ren).

### **Crying Children**

Children will be cared for in a compassionate and responsible manner by staff. In the event that a child cries for ten consecutive minutes, parents will be asked to pick-up their child. Although this may interfere with your workout, this procedure will be followed for the comfort and well-being of your child and other children in the Child Watch area. We encourage you to continue to bring your child to Child Watch so that they may become accustomed to the environment. We will be happy to try to accommodate unhappy and/or uncomfortable children during our less active childcare times. Please check with staff for these time periods.

## **Diapers**

- Please bring your child in a clean diaper as well as extra diapers and wipes for changing.
- Diapers will be changed for children age 3 and younger as needed during each child's stay in Child Watch.
- Parents will be called to change diapers for children over the age of 3.

## **Discipline in all Programs**

Discipline in Child Watch is based on an understanding of the individual child's needs and stage of development. Our goal is to develop self-discipline, responsibility for self, and respect for others. It is based on the use of positive reinforcement, reasonable expectations, logical consequences, distraction and diversion, and if necessary, supervised removal from the group for short periods of time. Physical punishment is never administered.

## **Food**

- Due to numerous allergies we do not permit food in the room
- Staff will assist infants with bottle feeding only.

## **Other**

- Sick children will not be admitted into the Child-Watch Room. Please help us to protect the health of all the children who use this facility.
- Child Watch personnel have completed a PA State Criminal Background Check and are or are in the process of being certified in CPR.
- In case of a fire emergency, Staff Members will gather the children and the sign-in sheet and exit through 1 of 3 pre-planned emergency exits. The children will be taken into the parking lot or into the grass. The sign-in sheet will be used to check that all children are present. The children will be kept safe and quiet until the parent/guardian comes to sign them out.